

# USING THE TOILET IN NEW ZEALAND

**1**



**Sit, Do Not Squat**

Australian toilets are built for sitting.

Do not squat or stand on the toilet seat.

**5**



**Careful What You Flush**

Only flush toilet paper down the toilet.

Never put rubbish, food or other items in the toilet.

**2**



**Use Toilet Paper**

Wipe off with toilet paper once you have finished. Put the toilet paper straight in the toilet bowl.

Do not use too much toilet paper - it may block the toilet!

**6**



**Do Not Flush Sanitary Items**

Sanitary items such as tampons and pads DO NOT go in the toilet.

You may cause a blockage or make the toilet overflow!

**3**



**Check the Toilet Seat**

Wipe up any spills on the toilet seat using toilet paper.

Put the toilet paper in the toilet bowl and flush.

**7**



**Sanitary Items Go in the Bin**

If there is no bin in the toilet/bathroom:

- wrap your pad or tampon in toilet paper
- throw it in a garbage bin outside (ask your host if you are unsure)

**4**



**Clean the Toilet Bowl**

After you have finished, use the brush beside the toilet to remove any marks left in the bowl.

**8**



**Wash your hands**

Always wash your hands with soap after using the toilet.